

TAMA COUNTY RESOURCE LIST

CHILD CARE		
Child Care Resource & Referral: Provides a list of Registered Day Care Providers		877-277-4396
Crayon Corner Daycare	Gladbrook, IA	641-473-2122
Kid's Corner Daycare	403 W. Commercial St., Toledo, IA	641-484-5333
Child Care Subsidy		
Pied Piper Daycare	Traer, IA	319-478-2310
DENTISTS		
Heartland Dental Professionals	1001 S. County Road Toledo, IA	641-484-5988
Primary Health Dental	412 E Church Street	641-844-6230
Dr. Nick Kubik	1311 McClellan St. Tama, IA	641-484-5561
McLaughlin Family Dentistry	407 Wilson St. Dysart, IA	319-476-4110
Plaza Family Dental Center	507 S. County Rd. Toledo, IA	641-484-2466
EMPLOYMENT		
Iowa Workforce Development	3405 S. Center St. Marshalltown, IA	641-754-1400
Job search, unemployment, classes		
Promise Jobs (Education & Training)	STC Partnership Center	800-284-4838
In office Thursdays only	215 W. 9th St. Tama, IA	641-484-8318
FAMILY SERVICES		
Department of Human Services (DHS)	Tama/Benton County	319-472-4746 1-888-480-0062
Domestic Violence Alternative/Sexual Assault Center	24 hour Crisis Line	800-179-3582
Pathways	Waterloo, IA	319-235-6571
Driver's License - Dept of Transportation	104 W. State St. Toledo, IA	641-484-3141
Tama County Treasurer's Office		
ISU Extension Office - Tama County	203 W. High St. Toledo, IA	641-484-2703
Mid Iowa Community Action (MICA)	105 S. State St. Tama, IA	641-484-4713
Substance Abuse Treatment Unit of Central Iowa (SATUCI)	107 East High St. Toledo, IA	641-484-2222
Senior Services Center - Deb Peska	103 S. Church St. Toledo, IA	641-484-3839
Tama County Central Point of Coordination (CPC)	211 W. State St. Toledo, IA 52342	641-484-4191
Funding assistance for Mental Health, Substance Abuse services		
Women, Infant, Children (WIC)	St. Paul's Lutheran Church - Tama, IA	1-800-390-5293
Food, formula, nutrition education		
FOOD AND CLOTHING		
Food Pantry - Tama	511 McClellan St. Tama, IA	641-484-4805
Hours: T-W-Th 10-2		
Food Pantry - Gladbrook	Methodist Church - Gladbrook, IA	641-473-2928
Serves Gladbrook/Garwin/Lincoln		
Food Pantry - Traer	Traer, IA	319-478-2013
Clothes Closet	511 McClellan St. Tama, IA	641-484-3147
Meals on Wheels (Senior Services Center)	Toledo, IA	641-484-3839
Salvation Army	Micki Ferris, State Bank of Toledo Tama County Contact	641-484-2980
North Tama Activity Center - Jean Vest	212 N. Main St. Traer, IA	319-478-8244
Tama County Nutrition Center (Deb Peska)	103 S. Church St. Toledo, IA	641-484-3839

<u>HEALTH</u>		
Alcoholics Anonymous Des Moines office - will provide information on local meetings		515-282-8550
Central Iowa Family Planning Women's Health & Education Center	704 May Street, Marshalltown, IA	641-752-7159
North East IA Agency on Aging	2101 Kimball Ave. Suite 320, Waterloo, IA	1-800-779-8707
Center Associates Mental health therapy, consultation, assessment & psychiatric care	1309 S. Broadway, Tama, IA	641-484-5234
Tama County Public Health & Home Care	129 W. High St. Toledo, IA	641-484-4788
Quitline Iowa - Smoking cessation		800-784-8669
<u>HOSPICE</u>		
North East IA Agency on Aging	2101 Kimball Ave - Suite 401, Waterloo, IA	319-272-2002 800-617-1972
Grinnell Regional Hospice	106 4th Ave. Grinnell, IA	641-236-2418
Iowa River Hospice	502 Plaza Heights Rd. Marshalltown, IA	641-753-7704 800-827-4521
<u>HOUSING & UTILITIES</u>		
County Relief		641-484-3160
Lantern Park Apts Subsidized housing	1303 Sesame Dr. Tama, IA	641-485-4101
Mid Iowa Community Action (MICA) - LIHEAP Low-income energy/heat assistance	105 S. State St. Tama, IA	641-484-4713
Prairie Village/Mid-Iowa Housing Elderly or disabled subsidized housing	1101 S. 18th Ave, Marshalltown, IA	641-752-7162
Prospect Drive Apartments Subsidized housing	1105 S. Prospect Drive, Toledo, IA	641-484-5696
Veteran's Affairs		641-484-3160
<u>INCOME & BUDGETING</u>		
Child Support Recovery	204 1/2 W. State St. Marshalltown, IA	888-229-9223
Consumer Credit Counseling	30 W. Main St. Marshalltown, IA	888-838-2675
<u>LEGAL SERVICES</u>		
Legal Aid of Iowa	Lawyer from Cedar Rapids at MICA	800-332-0419
<u>MEDICAL SERVICES</u>		
Covenant Clinic	309 2nd St. Gladbrook, IA	641-473-2707
Dysart Clinic	501 Clark St. Dysart, IA	319-476-4100
Deer Creek Health Center	401 1st Ave. Toledo, IA	641-484-2602
Dr. Charles LaTendresse	405 2nd St. Gladbrook, IA	641-473-2028
Mercy Care	402 Siegel St. Tama, IA	641-484-3333
Meskwaki Health Services	349 Meskwaki Rd. Tama, IA	641-484-4094
North Tama Medical Clinic	200 Walnut St. Traer, IA	319-478-8198
Central Iowa Healthcare Clinic	1307 S. Broadway St. Toledo, IA	641-484-5445
Primary Healthcare	412 E. Church Street Marshalltown	641-753-4021

<u>NURSING HOMES</u>		
Premier Estates of Toledo	403 Grandview Dr. Toledo, IA	641-484-5080
Sunny Hill Care Center	1708 Harding St. Tama, IA	641-484-4061
Sunrise Hill Care & Rehab Center	909 6th St. Traer, IA	319-478-2730
Westbrook Acres Nursing Home	605 Garfield St. Gladbrook, IA	641-473-2016
<u>PHARMACIES</u>		
Medicap Pharmacy	108 2nd Ave. Toledo, IA	641-484-6198
NuCara Pharmacy	500 2nd St. Traer, IA	319-478-8711
Shopko Pharmacy	1006 S. County Rd. Toledo, IA	641-484-8801
<u>REHABILITATION SERVICES</u>		
Covenant Medical Center Comprehensive Rehabilitation Program	3421 W. Ninth St. Waterloo, IA	319-272-7200
Central IA Health Care Rehabilitation Center	1307 S. Broadway St., Toledo, IA	641-484-5253
Millenium Therapy & Health Club	301 5th St. Hudson, IA	319-988-4040
Oak Hill Rehabilitation	207 Oak Hill Dr. Hampton, IA 50441	641-456-2602
Sunny Hill Care Center Therapy Services	1708 Harding St. Tama, IA	641-484-4061
<u>SCHOOLS</u>		
GMG Schools - Garwin (Middle/High School)	306 Park St. Garwin, IA	641-499-2005
Head Start	105 S. State St. Tama, IA	641-484-4713
North Tama Community Schools	605 Walnut St. Traer, IA	319-478-2265
STC Elementary	1611 Country Club Dr. Tama, IA	641-484-3999
STC Middle School	201 S. Green St. Toledo, IA	641-484-4121
STC High School	1715 Harding St. Tama, IA	641-484-4345
Union Middle School	505 West St. Dysart, IA	319-476-5100
<u>TRANSPORTATION</u>		
People Rides (Tama Co. Transit Service)	24 hour notice preferred	641-752-6202 1-888-616-4298